

WELCOME BACK

AUGUST 2023



**MENUS FOR
HENRY COUNTY
HIGH SCHOOLS**

*This institution is an equal opportunity provider.
Menus are subject to change.*

Available Daily

Breakfast (in blue):

- Assorted Cereal
- Fresh Apples & Oranges
- 100% Fruit Juice
- Choice of Low Fat Milk

Lunch:

- Fresh Apples & Oranges
- Stuffed Crust Pizza
- Chicken Wrap
- Choice of Low Fat Milk

*Pork products listed in **pink**.



**Introducing: Our New School
Meal Payment System, Click LINQ
Below or visit: linqconnect.com**

LINQ Connect
ONLINE PORTAL

Featured Specials of the Day

Wednesday, August 2

Sausage Biscuit, Assorted Cereal

- 1.Crispitos 2.PBJ/Wow Sandwich w/ Chips,
- Black Beans, Potato Tots,
- Sliced Peaches

Thursday, August 3

Breakfast Bun, Frosted Breakfast Pastry,

- 1.Orange Chicken & Rice, 2.PBJ/Wow Sandwich w/
- Chips, Glazed Carrots Steamed Broccoli,
- Frozen Juice Cup

Friday, August 4

Chicken Biscuit, Assorted Cereal,

- 1.Stuffed Crust Pizza, 2.Corn Dog,
- Whole Kernel Corn, California Blend,
- 100% Fruit Juice

Featured Specials of the Day

Monday, August 7

Blueberry Pancake Stick, Assorted Cereal,

- 1.Chicken Sandwich, 2.Mini Corn Dogs,
- Carrot Sticks w/ Ranch,
- Baked Beans, Pineapple Tidbits

Tuesday, August 8

Mini Bagels w/ Cream Cheese, Breakfast Frudel

- 1.Cheeseburger, 2.Deli Turkey Sandwich, 3. Garden
- Salad w/ Chicken, Seasoned Fries, Garden Salad w/
- Ranch, Fresh Peach

Wednesday, August 9

Sausage Biscuit, Assorted Cereal,

- 1.Chicken Nuggets w/ Roll, 2.PBJ/Wow Sandwich
- w/ Chips, Steamed Broccoli, Mashed Potatoes,
- Fresh Apple

Thursday, August 10

Mini Pancake Wraps, Frosted Breakfast Pastry,

- 1.Chicken w/ Mac & Cheese, 2.PBJ/Wow Sandwich w/
- Chips, Carrot Sticks w/ Ranch, Green Beans
- Frozen Juice Cup

Friday, August 11

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza,

- 2.PBJ/Wow Sandwich w/ Chips, 3. Hot Dog
- Whole Kernel Corn, Garden Salad w/ Ranch, 100%
- Fruit Juice

School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50

**APPLY ONLINE NOW
FOR FREE OR REDUCED PRICE
SCHOOL MEALS!**



FOR INSTRUCTIONS VISIT:

SCHOOLWIRES.HENRY.K12.GA.US/PAGE/11049

Featured Specials of the Day

Monday, August 14

Strawberry Mini Pancakes, Assorted Cereal,

1.Max Snax Tacos w/ Salsa, 2.PBJ/Wow Sandwich w/ Chips, Black Beans, Carrot Sticks w/ Ranch, Pineapple Tidbits

Tuesday, August 15

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese,

1.Chicken Sandwich, 2.Deli Turkey Sandwich, 3.Garden Salad w/ Chicken, Potato Tots, Garden Salad w/ Ranch, Sliced Pears

Wednesday, August 16

Sausage Biscuit, Assorted Cereal,

1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, August 17

Blueberry Pancake Stick, Breakfast Bun

1.Spaghetti w/ Garlic Toast, 2.PBJ/Wow Sandwich w/ Chips, Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, August 18

Chicken Biscuit, Assorted Cereal,

1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Juice

**EAT BETTER. PLAY HARDER.
LIVE HEALTHIER. LEARN EASIER.**

WELLNESS IS A WAY OF LIFE!

Featured Specials of the Day

Monday, August 21

Blueberry Mini Pancakes, Assorted Cereal,

1.BBQ Sandwich, 2.Mini Corn Dogs, Carrot Sticks w/ Ranch, Baked Beans, Pineapple Tidbits

Tuesday, August 22

WG Muffin w/ Yogurt, Breakfast Frudel

1.Chicken Alfredo w/ Roll 2.Deli Turkey w/ Chips
3.Garden Salad w/ Chicken, Garden Salad w/ Ranch, Grape Tomatoes w/ Ranch, Mandarin Oranges

Wednesday, August 23

Sausage Biscuit, Frosted Breakfast Pastry,

1.Chicken Nuggets w/ Roll, 2.PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, August 24

Manager's Choice, Assorted Cereal,

1.Beefy Nachos, 2.PBJ/Wow Sandwich w/ Chips, Black Beans, Salsa, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, August 25

Chicken Biscuit, Assorted Cereal,

1.Stuffed Crust Pizza, 2 PBJ/Wow Sandwich w/ Chips, 3. Chicken Sandwich, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Featured Specials of the Day

Monday, August 28

Strawberry Mini Pancakes, Assorted Cereal,

1.Crispitos 2.PBJ/Wow Sandwich w/ Chips, Black Beans, Carrot Sticks w/ Ranch, Sliced Pears

Tuesday, August 29

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese,

1.Cheeseburger, 2.Deli Turkey Sandwich, Garden Salad w/ Chicken, Seasoned Fries, Carrot Sticks w/ Ranch, Pineapple Tidbits

Wednesday, August 30

Sausage Biscuit, Assorted Cereal,

1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Fresh Peach

Thursday, August 31

Mini Pancake Wraps, Frosted Breakfast Pastry,

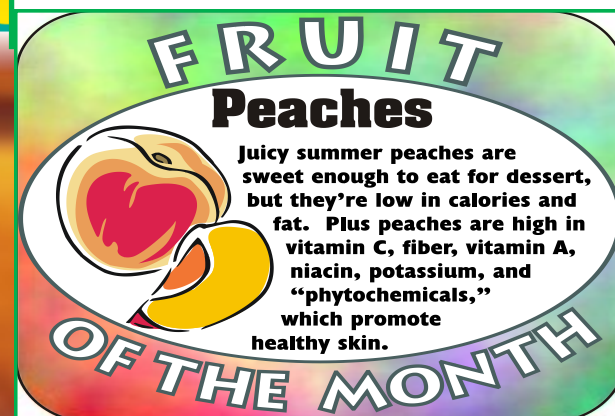
1.Chicken & Waffles 2.PBJ/Wow Sandwich w/ Chips, Sweet Potato Fries, Celery Sticks w/ Ranch, Frozen Juice Cup

Friday, September 1

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza,

2.PBJ/Wow Sandwich w/ Chips, 3. Hot Dog Whole Kernel Corn, Garden Salad w/ Ranch, 100%Fruit Juice

LOCAL HARVEST OF THE MONTH



DON'T 4GET!
Take at least **ONE**
FRUIT or
VEGGIE
and at least **THREE**
items total so your meal
counts as a complete lunch!

See "Available Daily" Options on Page 1